



The neighbourhood for individualists

16,000 inhabitants make up a colourful population of students, young families, Nordstadt old-timers and no shortage of unique characters.

The lifestyle here is laid-back, tolerant and peaceful. The locals love to meet for a chat in the cafés on Engelbosteler Damm and around the Lutherkirche church or for a picnic on the lawns of the Welfen Garden. Many new shops, cafés and restaurants have incorporated the sustainable use of

resources into their business concept, and are delighted to have a growing, environmentally conscious community of fans.

There are countless pubs to choose from in the evening, some offering live music. Even a shopping trip is exciting in the Nordstadt, because the shops are as individual as the residents: cool, trendy, singular – simply different.



Yoga-Hof Hannover

Vordere Schöneworth 17a | yoga-hof.de

Looking to balance your mind, body and soul? Then the Yoga-Hof is the place to go. The spiritual oasis in the heart of the Nordstadt offers courses for all ages in everything from Hatha to Iyengar yoga.



lieb.es Café

Engelbosteler Damm 15 | liebes.cafe

Cool lounge sofas and a relaxed atmosphere – lieb.es is as cosy as it gets. Whether it's a curry, quiche or smoothie, the team almost exclusively uses organic products and takes great care to use natural resources sustainably.

Market day

Farmers' market:

An der Lutherkirche,
Thursdays 14:00 – 18:00



Locorito

Nelkenstraße 1 | locorito.de

Their motto is "Slow Cook for Fast Food"! The tortilla bar on E-Damm is home to original Mexican burritos with gently cooked meat, beans, rice and salsa. All dishes are prepared using fresh, regional produce.



Fahrradcafé

Asternstraße 2 | fahrradcafe.de

At Fahrradcafé the world doesn't just revolve around bikes: you can also enjoy a great selection of coffee, tea, pastries, cakes and soft drinks.



24grad

Engelbosteler Damm 52 | 24grad.net

The café and shop has its own coffee roastery and is an ideal place to meet up with friends. At 24grad, coffee enthusiasts can enjoy fair-trade specialty coffees.

Little H

Callinstr. 10 | little-h.cafe

This little café and wine bar surrounded by beautiful old buildings serves great coffee and freshly pulled beer, as well as selected wines from Germany, France, Austria and Portugal.

Tip: Regular events include Sunday brunch, Saturday morning drinks and mimosa Sundays.





Cafve in Hafven

Kopernikusstraße 14
hafven.de/cafve

The Hafven creative centre is home not just to co-working spaces, events and workshops, but also the Cafve. It serves inspired healthy treats ranging

from wraps and seasonal salads to breakfast bowls. Much of the produce originates from selected organic farms.



Jäger & Sammler

Engelbosteler Damm 25
facebook.com/jaegersammler

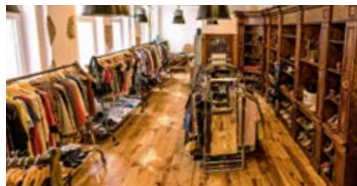
Are you on the hunt for a new look? Men and women can find some absolute gems of innovative fashion at this exclusive boutique.



Designkombinat

Paulstraße 1a | designkombinat.net

Located on Engelbosteler Damm, Designkombinat attaches great importance to sustainably produced, individual fashion and clothing manufactured under fair conditions using ecological materials.



Vallintage

Engelbosteler Damm 49 | facebook.com/Vallintage

Vallintage deals in edgy fashion, from selected pieces to elegant attire, from vintage track suits to jumpers. This second-hand vintage shop is a source of retro inspiration.



Schwule Sau

Schaufelder Straße 30a | schwulesauhannover.de

Revellers of all sexual orientations meet up in this great little volunteer-run venue to move their hips to indie, rock, pop and electro.

UJZ Kornstraße

Kornstraße 28–30 | ujz-korn.de

Concert venue, pub, communal kitchen and a centre for discussions and readings. It's one of the oldest independent youth centres in Germany and it's as active and lively as ever.



Musikzentrum

Emil-Meyer-Straße 26 | musikzentrum-hannover.de

With its concert hall, recording studio, band rooms and offices, the music centre is a stronghold for musicians. The exciting concert programme is a local highlight.



Tip

Repair Café Nordstadt

Kniestraße 10 | repaircafe-hannover.de

Broken bike, ripped trousers, TV not working? Then Repair Cafe is the place to go – they basically help you to help yourself. Here you can repair your broken items with the help of expert volunteers – donations welcome.

Opening hours:

Second Saturday of every month, 14:00 – 17:30

