

TAMALO L. C. SMART & SUSTAINABLE

www_VISIT-HANNOVER com/en/hannoverliving



Welcome to Hannover!

Hannover Living – Smart & sustainable: this guide presents sustainable, regional, fair-trade and alternative products and services on offer in the various neighbourhoods of our green city. Just as varied as these neighbourhoods are the boutiques, restaurants, cafés and projects you can read about here.

You can be sustainable while on the go with Hannover's Hannoccino reusable coffee cup as you navigate the city's attractions along the Red Thread. Along the way, you might visit the Eilenriede forest, which is bigger than New York's Central Park. Or maybe you'll pass the "Three Warm Brothers" on your way to Linden for a delicious organic ice cream, then walk through the Herrenhausen Gardens to the student area of

Nordstadt for a taste of regional produce before discovering the charming neighbourhood of List. Whether you want to shop sustainably in small boutiques, find inspiration in second-hand fashion shops or find something you love at Germany's oldest flea market by the banks of the Leine — this guide has you covered.

Hannover is also known for its art and museums, together with a diverse and intriguing theatre scene and many special events all year round. And of course you'll also find plenty of tips in relation to mobility. Bus and rail not only provide fast and eco-friendly transportation around the city, they can also take you to green destinations such as Steinhuder Meer and the Deister hills in next to no time – and you can even take your bike with you!

This guide is only able to present a small part of our sustainability scene. For more information and offers, please visit:

www.visit-hannover.com/en/sustainable

We hope you have a lovely time in our favourite city!

Petsa, Ksistin, Sandsa, Maike and Roland









SUSTAINABLE



HANNOCCINO EXCHANGE POINT

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#visithannover



Visit **Hannover Tourismus** on **Facebook**





Masket

Weekly market:

Klagesmarkt. Saturdays and Tuesdays

Farmers' market: an der Marktkirche. Thursdays 14:00-18:00

Discover a world of shopping

The first stop on any shopping trip in Hannover starts right in the heart of the city on the Ernst-August-Platz. There are various places to shop. stroll and eat, with the Ernst-August-Galerie to the right, the Niki-de-Saint-Phalle-Promenade below and Bahnhofstraße opposite.

Anyone looking for fresh, regional produce can get it straight from the source at the farmers' market in front of the central railway station ideal for those passionate about sustainability.

A stone's throw away is Kröpcke, where the city's main shopping streets intersect. From there you can stroll along the Georgstraße towards Steintor. Time for a coffee break? The narrow streets of the Old Town and Am Hohen Ufer are home to a range of small boutiques, cafés and quaint pubs.



Meiers Lebenslust

Osterstraße 64 I www meiers-lebenslust de

Meiers Lebenslust is a modern restaurant with an in-house brewery, serving hearty rustic fare made using seasonal produce sourced from the region. And to top it all off - homemade beer! Guests can see the brewing process in the fermentation cellar through a glass floor.

Lindenblatt Burger-Bar

Nikolaistraße 1 | lindenblatt-hannover.de/burger-bar

At Lindenblatt, all the ingredients are from the Hannover region, with the burger bar having committed itself to sustainability and regional produce. The steaks are pieces of real craftsmanship, with the meat coming from ecologically reared animals.





The Seven Sundays

Osterstraße 34 I www.thesevensundays.de

Here breakfast is served morning, noon and night: hearty eggs benedict, stacks of American-style pancakes with various toppings and vegan overnight oats – perfect after (or before) a night out.





anna leine 🖫

Am Hohen Ufer 3 I www.annaleine-hannover.de

At anna leine, sustainability is a way of life. The café uses natural resources responsibly and works with seasonal, regional and socially produced ingredients. The cuisine covers all bases, from rustic, to exotic, to traditional.

heimW 🖫

Theaterstraße 6 I www.heim-w.de

For some guests, HeimW is like a second living room — modern, vintage and very comfortable! The trendy bar, decorated with retro lamps and eye-catching murals, offers guests an enticing range of dishes including sushi, vegan meals and the classics.

Beachclub: Schöne Aussichten 360°

Röselerstraße 7 open daily from early April to early October, depending on the weather

The Beachclub leaves visitors in the clouds in the summer months with refreshing cocktails, great music and delicious food above the rooftops of Hannover.





Market Hall

Karmarschstraße 49 www.markthalle-in-hannover.de

"Hannover's belly" is popular for its variety of fresh ingredients, exclusive delicacies and international dishes. Bakers, butchers and greengrocers offer exotic specialties and homemade dishes from decorated stalls — it's a culinary bazaar! You can also find sustainable local products here.

Whether it's for a hearty breakfast, a working lunch or a quick break from shopping, the Market Hall is a popular meeting point.



Stadtmauer Hannover

Burgstraße 14a I www.stadtmauer-hannover.de

At the Stadtmauer, guests feel right at home. The modern restaurant with an exclusive view of the Leine river offers a wide range of cuisine, including regional, traditional and more trendy dishes made with produce from regional farms.



Teestübchen

Ballhofplatz 2 | www.teestuebchen-hannover.de

Situated on one of Hannover's most picturesque squares, Teestübchen invites you to forget the stress of everyday life. The cafe serves the finest specialty teas and homemade cakes as well as coffee, wine and light bites.



Greenality Store Hannover

Osterstraße 1 www.greenality.de/store-hannover

Fair trade, organic cotton, social engagement – these are core elements of Greenality's green philosophy. The eco fashion shop offers sustainable, fair-trade clothing, shoes, jewellery and accessories.



Lodderbast Kino *

Berliner Allee 56 I www.lodderbast.de

Retro chairs & and a home cinema. Lodderbast is probably the smallest arthouse cinema in the world, but its owners see it as more of a cultural kiosk offering great films and other unusual performances.



The Escape Room

Röselerstraße 1a I www.the-escape-room.de

Fun and adventure in a sealed room: In this real version of the popular computer game "Escape the Room", the goal is to ward off a crime, a pandemic or a meteor strike to escape within 60 minutes.

NeonGolf

Heiligerstraße 15-16, 30159 Hannover www.neongolf.de

Hannover's glow-in-the-dark mini golf course recreates the game in a new light, with 3D glasses and a smartphone helping to create a thrilling adventure.



Old Town

Discover the Old Town, with its picturesque half-timbered houses, the Marktkirche church, the Ballhof and the Nanas. Every Saturday, treasure-seekers and bargain-hunters flock to Am Hohen Ufer for Germany's oldest flea market.



CALENBERGER NEUSTADT



Green shoses, great event venues

Meet Hannover's 'largest island': Calenberger Neustadt. At the confluence of the rivers Ihme and Leine, students 'chillax' in hip beach clubs or on verdant 'embankments. A mere stone's throw away from the historical city centre, the Calenberger Straße with its enticing shops, restaurants and snack bars is ideal for a relaxed stroll.

A bedrock of Hannover's cultural life is the Leibniz Theatre on the Kommandanturstraße. To the south, the Marksmen's festival, the October festival and the Spring festival, as well as great sports and event venues, such as the HDI Arena, Swiss Life Hall and the Gilde Parkbühne (park stage) guarantee great fun and excitement.



idee+spiel

Calenberger Esplanade 2d www.idee-spiel-hannover.de

Ideal for a proper guys' night out: spend an evening playing poker, darts or table soccer in Germany's No. 1 toy store and event venue, including chilled drinks!

Waterloo beer garden

Waterloostraße 1 www.waterloo-biergarten.de

The beer garden with the longest tradition: during live broadcasts of football matches, there's a real stadium atmosphere under the shade of the surrounding trees.







Upcyclingbörse Hannover

Glockseestraße 35 www.upcyclingboerse-hannover.de

A paradise for creative types: here you can find 1001 ideas for things to do with discarded materials in changing exhibitions and workshops. Eliminating waste is fun!

BocaChica

Oeltzenstraße 12 I www.restaurant-bocachica.de

The BocaChica is famous for its Caribbean and Dominican dishes and treats, as well as for its spirited salsa, merengue and bachata evenings.



Café Safran

Königsworther Straße 39 I www.cafesafran.de

Hannover's alternative pub for 35 years. Whether it's breakfast, lunch or a cocktail, there's always something going on here! Fancy carrying on into the evening? Then simply head to Safrans Bar right across the road!

Strandleben

Weddigenufer 29 www.facebook.com/strandlebenhannover

The banks at the confluence of the Ihme and Leine rivers are home to comfortable deck chairs for spending a relaxed day on the sand. The beach bar serves up cold drinks and tasty snacks for sun-worshippers, who can even hire standup paddle boards, with beginner courses also on offer.





No, not past of Hannoves ...

Masket

Weekly market:

Lindener Marktplatz, Tuesdays and Saturdays 8:00–13:00

farrlandplatz, aturdays 8:00 – 13:00

Farmers' market: Schmuckplatz, Fridays 14:00 – 18:00

... Hannover is an appendage of Linden – all of Linden agrees on that! There's a colourful hustle and bustle around the Linmerstraße and the Lindener Marktplatz. Students, academics, hedonists, hipsters – the street is like a huge living room for everyone. With Lindener Berg, the historical Von-Alten-Garten and the parks either

side of the Leine river, there is no shortage of spaces for relaxing, playing frisbee or simply enjoying the great outdoors.

And Linden is a hidden treasure for shopping: a range of small boutiques and shops offer regional and sustainable goods, organic produce, stylish fashion and handmade items.





LINDENbackt! eG 🍍

Limmerstraße 58 www.lindenbackt.de

The shop window says it all: this is a co-operative, bakery, confectionery, and café. The certified organic tasty treats are hand-made in the in-house bakery.

Frioli *

Stephanusstraße 8 www.frioli.de

Premium, vegan or traditional – there's too much to choose from! A changing variety of over 100 different types of bread are a real treat, whatever the time of year.



Café K

Egestorffstraße 18 I www.cafek.de

The K in the name represents the master confectioner who creates the sublime treats himself. Especially popular are the chocolates which come with the coffees and the sensational cheesecake.



Apollo Kino

Limmerstraße 50 I www.apollokino.de

One of Germany's first arthouse cinemas. Selected new films as well as old classics make for a diverse programme. **Tip: Vino-Kino:** There are often wine tastings on Sunday evenings before the film.

PLATZprojekt *

Fössestraße 103 | www.platzprojekt.de

First and foremost, the PLATZprojekt is an experiment! A DIY spirit of community rules here. In addition to an urban community garden and Germany's largest DIY skate park, the "2er", the PLATZprojekt is home to almost 30 container projects from the creative industries, art and culture as well as social projects. With over 150 events and 50 workshops taking place per year, there is a diverse programme centred around the principles of neighbourhood and community.

The overall aim is to enable projects and ideas that would not ordinarily be achievable in the city, and in doing so to demonstrate the need for creative spaces such as the PLATZprojekt. The project seeks to make the path from the idea to its realisation as uncomplicated, unbureaucratic and easy as possible. The PLATZprojekt won the Nebenanstiftung's Neighbourhood Prize in 2019.





Live concerts, parties, readings, exhibitions in different venues - no two days are the same at Faust. The Gretchen Beer Garden is hugely popular in the summer and also offers incredible nizza.



Béi Chéz Heinz

Liepmannstraße 7b Lwww.beichezheinz.de

This legendary venue in the basement below a swimming pool is a Linden nightlife essential, with exuberant parties. live music and reasonable prices.



LUX

Schwarzer Bär 2 I www.lux-linden.de

Lux is a treat for the ears; electro and indie-pop on Fridays, funk and soul and hip-hop on Saturdays - all outside the mainstream. The programme includes live performances.

Centrum *

Lindener Marktplatz 3 www.facebook.com/Centrum.Hannover.Linden

Centrum is a breakfast spot, restaurant, bar, party venue and football pub rolled into one. Tip: There are also vegan burgers, schnitzels and pizzas.



LoLa der Loseladen ®

Teichstraße 1 lolaloseladen.wordpress.com

Shopping at Lola is so simple: just weigh, fill and pay. In order to reduce packaging waste and protect the environment, you can bring your own containers to fill here, whether it's for muesli, pasta or detergent. The popular "Lolanella" chocolate cream is made in Linden, along with various nut butters.





Riva Wohnaccessoires & Schmuck

Limmerstraße 23 I www.rivashop.de

A treasure chest overflowing with beautiful and unusual items. Crockery from Green Gate, RICE and Adelheid, the entire PIP Studio range, owl cushions, Thermos flasks & bags: a real treasure trove of gifts.

Fräulein Schlicht

Davenstedter Str. 27 I www.fraeulein-schlicht de

Everything here is homemade, seasonal and regional: delicious breakfasts to assemble yourself, cakes & pastries that change daily and the big hitters – cheesecakes and buttermilk waffles!

Tip: There's also a garden behind the café!



Frau Zimmer Textilgalerie

Davenstedter Straße 3 I www.frauzimmer.de

Individual fashion & accessories: browse, wander and find your new favourite item among the wide range of unique clothing – all made in Hannover.



Masket

Farmers' market: An der Lutherkirche, Thursdays 14:00–18:00

16,000 inhabitants make up a colourful population of students, young families, Nordstadt old-timers and no shortage of unique characters.

The lifestyle here is laid-back, tolerant and peaceful. The locals love to meet for a chat in the cafés on Engelbosteler Damm and around the Lutherkirche church or for a picnic on the lawns of the Welfengarten. Many new shops, cafés and restaurants have incorporated the sustainable

use of resources into their business concept, and are delighted to have a growing, environmentally conscious community of fans.

There are countless pubs to choose from in the evening, some offering live music. Even a shopping trip is exciting in the Nordstadt, because the shops are as individual as the residents: cool, trendy, singular – simply different.



Yoga-Hof Hannover

Vordere Schöneworth 17a | www.voga-hof.de

Looking to balance your mind, body and soul? Then the Yoga-Hof is the place to go. The spiritual oasis in the heart of the Nordstadt offers courses for all ages in everything from Hatha to lyengar yoga.



lieb.es Café

Engelbosteler Damm 15 I www.liebes.cafe

Cool lounge sofas and a relaxed atmosphere – lieb.es is as cosy as it gets. Whether it's a curry, quiche or smoothie, the team almost exclusively uses organic products and takes great care to use natural resources sustainably.



Locorito 3

Nelkenstraße 1 I www.locorito.de

Their motto is "Fast food slowly cooked"! The tortilla bar on E-Damm is home to original Mexican burritos with gently cooked meat, beans, rice and salsa. All dishes are prepared using fresh, regional produce.



Vegan & Raw *

Hahnenstraße 1 I www.vegan-raw.de

This street-food restaurant is the number one address for fresh, vegan dining, with changing daily specials on offer. Healthy vegan food and sustainability are a way of life here.



24grad **

Engelbosteler Damm 52 I www.24grad.net

The café and shop has its own coffee roastery and is an ideal place to meet up with friends. At 24grad, coffee-lovers can enjoy fair-trade specialty coffees. Coffee varieties are selected with priority given to sustainable, organic and social production.

Fahrradcafé

Asternstraße 2 I www.fahrradcafe.de

At Fahrradcafé the world doesn't just revolve around bikes: you can also enjoy a great selection of coffee, tea, pastries, cakes and soft drinks. Free WiFi included.





Vallintage *

Engelbosteler Damm 49 www.facebook.com/Vallintage

Vallintage deals in edgy fashion, from selected presorted pieces to elegant attire, from vintage track suits to jumpers. With its integrated styling

studio, this second-hand vintage shop can be a source of retro inspiration.



Jäger & Sammler

Engelbosteler Damm 25 www.facebook.com/jaegersammler

Are you on the hunt for a new look? Men and women can find some absolute gems of innovative fashion at this exclusive boutique.



Designkombinat

Paulstraße 1A | www.facebook.com/designkombinat

Located on Engelbosteler Damm, Designkombinat attaches great importance to sustainably produced, individual fashion and clothing manufactured under fair conditions using ecological materials.



Cafve *

Kopernikusstraße 14 I www.hafven.de/cafve

The Cafve at the Hafven creative centre delights the community with healthy treats, from wraps, to seasonal salads and poké bowls. Much of the produce originates from selected organic farms.



Schwule Sau

Schaufelder Straße 30a www.schwulesauhannover.de

Revellers of all sexual orientations meet up in this great little volunteer-run venue to move their hips to indie, rock, pop and electro.

UJZ Kornstraße

Kornstraße 28-30 I www.uiz-korn.de

Concert venue, pub, communal kitchen and a centre for discussions and readings. It's one of the oldest independent youth centres in Germany and it's as active and lively as ever.



Musikzentrum

Emil-Meyer-Straße 26 www.musikzentrum-hannover.de

With its concert hall, recording studio, band rooms and offices, the music centre is a strong-hold for musicians. The exciting concert programme is a local highlight.



<u>Tip</u>

Repair Café Nordstadt

Kniestraße 10

repaircafe.org/de/location/repair-cafehannover-nordstadt/

Broken bike, ripped trousers, TV not working? Then RepairCafe is place to go - they basically help you to help yourself. Here you can repair your broken items with the help of expert volunteers — donations welcome.

Opening hours:

Second Saturday of every month, 14:00-17:30





Masket

Weekly market: Herrenhausen Market, Saturdays 8:00–13:00

Campus atmosphere and a variety of parks

Herrenhausen is one of Hannover's greenest areas. Whether enjoying the nature, visiting cultural events or finding inspiration in Niki de Saint Phalle's Grotto, time flies by at the Great Garden. Sustainability is highly valued here.

Plants are watered using water from the Leine river, the leaves are composted and reused as

humus and most of the plants are self-produced.

Families, young people and students appreciate the pleasant, laid-back atmosphere. The Leineaue meadows are just a few minutes away from An der Graft by bike - unspoiled nature in the heart of Hannover.



Minigolf Steintormasch

In der Steintormasch www.minigolf-hannover.com

You can showcase your mini golf skills in the heart of the green Steintormasch. There are also 18 tables for pit-pat, a cross between mini golf and billiards.



Milchhäuschen

Herrenhäuser Straße 1 L

Located right by the Herrenhausen Gardens, Milchhäuschen is a lovely place to while away some time with coffee and cake, a cold drink on a hot day or a little snack to see you through. A coffee break at Milchhäuschen is always a good ideal



SEA LIFE Hannover

Herrenhäuser Straße 4A www.visitsealife.com/hannover

There are more than 2,500 animals in over 40 pools and tanks to be found in the aquarium located in the Berggarten, including sharks and sea turtles in ocean pools.

Herrenhäuser brewery

Herrenhäuser Straße 83–99 www.herrenhaeuser.de

With a visit to this local company founded in 1868, Herri fans can learn about the history and production process of the traditional brewery.



LieblingsBar 🍍

Herrenhäuser Markt 5 I www.lieblingsbar.de

Located right by Herrenhäuser Markt, LieblingsBar serves locally sourced, beautifully prepared culinary favourites in line with their key quality criteria: handmade, fresh, regional and seasonal.





Dornröschen – Beer Garden and Café

In den Kämpen 54 www.dornroeschen.cafe

An enchanting location right by the Leine river: it's no wonder that people have enjoyed spending their free time here since 1875 – Dornröschen is Hannover's oldest beer garden!



International Fireworks Competition

Großer Garten, Herrenhäuser Straße 4 www.visit-hannover.com/en/fireworks

The International Fireworks Competition takes place on five evenings between May and September. Including an exciting supporting programme with something for everyone!



The Eilenriede and the zoo - oases for sport and nature lovers

The zoo district combines culture, entertainment and nature. The area is characterised by beautiful old buildings, Wilhelmian villas and of course the adventure zoo, which is home to over 2,000 animals. If you like jogging, cycling or inline skating, then the Eilenriede, Europe's largest municipal forest, is the place to go.

Masket

Weekly market:

Platz an der Friedenskirche, Tuesdays 8:00–13:00

Farmers' Market:

Platz an der Friedenskirche, Saturdays 8:00–13:00



Zurück zum Glück

Hindenburgstraße 7 www.zurueckzumglueckhannover.com

The certified organic daytime bar serves (almost) only organic, seasonal products produced in the region. Clientele: any & all who like to enjoy responsibly.



Hoftalente

Seelhorststraße 12 I www.hoftalente.de

The founding principle was to have a farm shop in the city, offering seasonal and regional food. Fruit, vegetables, meat, fish, honey, coffee and much more: almost all products are sourced directly from their producers.

Stadtpark Hannover

Theodor-Heuss-Platz 1

The city park offers pure relaxation and perfect garden design. A place to stroll, relax and discover. **Tip**: Movable chairs and loungers allow visitors to settle in to their own favourite spot.



Ohlala

Königstraße 30 I www.ohlalaswelt.de

Here froyos are served till the cows come home. The ice cold yoghurt can be jazzed up with countless toppings. Even the top-quality organic fresh juices will make you say "Oh-la-la".



Hoflokal

Adenauerallee 1 | www.hoflokal.de

Seasonal. Regional. Hoflokal! At the new Hoflokal, passionate cooking combines seasonal and regional ingredients with the current Zeitgeist to create varied, modern yet down-to-earth dishes.



Hannover Adventure Zoo

the farm shop.

Adenauerallee 3 | www.zoo-hannover.de

Fancy a stroll from Africa over the Indian subcontinent to Alaska and back again? That's no problem at Hannover Adventure Zoo. Here you can experience more than 2,000 animals like almost nowhere else.

Good to know: Since the introduction of the Hannoccino cup in 2018, a total of 44,000 disposable cups have been avoided





Family-friendly chasm

Masket

Weekly market:

Moitkepiatz, Wednesdays 8:00–13:00

Thursdays 14:00–18:00

Klopstockstraße, Fridays 8:00 – 13:00

Farmers' market: Moltkeplatz, Saturdays 8:00 – 13:00

Lister Meile and the Podbielskistraße are List's two main arteries. Families love the peaceful, civil atmosphere and varied range of shops, even down the side streets. Whether you're looking for a trendy fabric shop, young designer fashion or a studio for organic cosmetics – you can find interesting shops with unusual products everywhere.

There are magnificent town houses with beautiful

ornamentation on shopping streets such as Bödekerstraße and Hohenzollernstraße.

Not far away, Hannover's municipal forest, which is twice the size of New York's famous Central Park, is a great place to relax, inline skate or jog. The Eilenriede is managed strictly according to ecological rules and even carries the FSC seal due for its sustainable forestry.



Treibhaus

Ferdinand-Wallbrecht-Straße 14 www.treibhaus-hannover.de

With its colourful mix of patrons, Treibhaus has been keeping up with the times for over 30 years. The inviting beer garden is a highlight in the summer.



Jo's Food & Craft

Ferdinand-Wallbrecht-Straße 60 www.jos-food-craft.de

In an extravagant interior with industrial charm, patrons enjoy masterfully composed salads, antipasti, local craft beers and exclusive wines.

Plümecke

Voßstraße 39

Traditional restaurant and cult pub in List. The regulars, who come from all over Hannover. swear by the legendary currywurst with its special



Café Lulu

In der Steinriede 12 I www.cafe-lulu.com

Located on Wedekindplatz, the quaint, modern Café Lulu is a cosy meeting place: here you can find breakfasts, international specialties and a diverse range of cocktails in a relaxed atmosphere.



Lister Meile 4 Lwww.cafe-mezzo.de

This café-restaurant is a hive of activity at all times of day. You can start the morning in a relaxed manner, taking in the view from the panoramic windows. From lunchtime to evening it serves changing, seasonal produce plus vegetarian and vegan dishes, partly using regional products.

Mezzo 🗑

Kulturzentrum Pavillon

Lister Meile 4 www.pavillon-hannover.de

The Pavillon is one of the largest cultural institutions in the city and is easy to find thanks to its characteristic solar power system on the roof, which is clearly visible from afar. This institution, which dates back decades. provides inspiration with a comprehensive, multifaceted programme of music, cabaret, comedy, theatre, film, readings, dance, parties, club nights, hazaars and talks





Glücksbringer *

Ferdinand-Wallbrecht-Straße 44 www.facebook.com/gluecksbringerbar

A bistro in the morning becomes a restaurant in the day, then a bar at night: Glücksbringer is open to all, whether they're visitors to the weekly market, lunchtime guests or nighttime revellers. With low carb dishes, Buddha bowls, functional and brain food, the kitchen offers contemporary, healthy and balanced meals. Glücksbringer values sustainable measures, such as using less packaging and working with regional and seasonal products.



Grauwinkel Café & Deli

Bödekerstraße 27 | www.grauwinkel-cafe.de

This café and deli is bright, friendly and cosy. Grauwinkel delights with a large selection of extraordinarily delicious, freshly baked cakes. You can also find bowls, quiches and other wonderful delicacies



Vietal-Kitchen Hannover

Lister Meile 46 | www.vietal-kitchen.de

Vietal-Kitchen is all about conscious dining in a relaxed environment. The food is a refined mix of traditional South-East Asian dishes, international influences and healthy superfoods.

Pepe's

Friesenstraße 52 www.pepes-cocktailbar.com

This Mexican cocktail bar is legendary thanks to its huge menu comprising well over 100 cocktails



Siebenundsiebzig

Bödekerstraße 77 | www.siebenundsiebzig.net

This small shop offers vintage goods, interior items and handicrafts – things with a story to tell. Various objects to touch, use, look at ... and of course buy.



Dithmar's – The shop with a difference

In der Steinriede 7 Hinterhof

and much more

A real insiders' tip for all hunters and gatherers, for here you can find it all – clothes, shoes, crockery, electrical appliances, furniture, watches



Goebenstraße 42 www.facebook.com/thedanishgirlfurniture

Stylish lamps, second-hand sofas, comfy cushions: this homely boutique in List offers a range of vintage furniture and original accessories.

Suse Schneeweiß

Drostestraße 1 www.suseschneeweiss.de

Extravagant, feminine and elegant. In her studio & showroom, the designer produces timelessly beautiful fashion from the finest materials with great passion – and also made to measure. There also are hats, bags and jewellery.





Masket

Weekly market: Stephansplatz, Fridays 8:00 – 13:00

... that's what makes the Südstadt worth living in. The municipal forest and Lake Maschsee are excellent places for local recreation and you can reach the city centre in five minutes via the Marienstraße and Hildesheimer Straße.

It's rumoured that singles prefer this area, maybe because a jog around the Maschsee creates the

ideal conditions for a bit of flirting ... Relax, go for a walk, feast, celebrate – Lake Maschsee is the holiday destination on your doorstep. It is also a place where countless water sports enthusiasts enjoy the beautiful summer days.



Kiosk am Maschsee 🗑

Rudolf-von-Benniasen-Ufer 2

Everyone knows this famous kiosk with its green copper roof. Water sports enthusiasts, joggers & walkers get their coffee, snacks & ice cream here. They also use many regional & seasonal products. Next door, you can take a boat trip on the lake with the vacht and sailing school.



Viewme.design

Sallstraße 35 I www.viewme.design

Are you looking for affordable art, but don't want the same generic prints found in furniture stores? At viewme.design you can find distinctive art prints by renowned and newly discovered illustrators and designers, along with matching frames.



PorzellanCafé

Dieckmannstraße 1 | www.porzellancafe.de

Here you can make little works of art with your children or friends while chatting over coffee and cake and then take your creations home with you.





Esplanade

Geibelstraße 39/41 www.esplanade-hannover.de

Jewellery, fashion, furniture, cushions & throws, tableware, stationery, wines and delicatessen – that is just some of what the Esplanade has to offer.

Eisfabrik

Seilerstraße 15 F www.commedia-futura.de

Artists' studios, exhibitions, theatre. Eisfabrik is THE place for music and visual art. On top of that, Commedia Futura attracts people in their droves.



Spandau Süd

Lutherstraße 38 I www.spandauproiekt.de

Spandau Süd is a real gem. Good cuisine in a relaxed atmosphere and a design-oriented interior. A varied range of dishes and drinks for lunch and dinner.



Café Gleichklang *

Marienstraße 38 I www.cafe-gleichklang.de

This organic vegan café and restaurant offers an extensive breakfast and tasty plant-based Thai cuisine as well as homemade cakes and tarts.



Lola, der Loseladen 🖫

Stephansplatz 13 www.lolaloseladen.wordpress.com

Shopping at Lola is so simple: just weigh, fill and pay. You can also bring your own containers. There's also a histro on site!



SuperNice

Sallstraße 31 I www.facebook.com/supernice.de

Have a super nice day! This is the motto that the furnishing store in the heart of Südstadt lives by. Here you can find a new style not just for your home, but for yourself too.



Bar Seña

Albert-Niemann-Straße 11

Bar Seña is the hub for cocktails in the Südstadt. The skilled bar staff can conjure up fantastic drinks in no time.

Goldfisch

Sallstraße 48 I www.goldfisch-hannover.de

Cosy retro seating areas, warm, subtle lighting and original decor create a wonderful ambience.



ELEA – Olivenöl.Wein.Gutes.



Geibelstraße 18 I www.FI FA-HANNOVFR.de

This olive oil shop and delicatessen stands out thanks to its commitment to authenticity, preservation of origin and, above all, quality. Sample the Original Hannoversches Maschseewasser — this fruity-bitter herbal liqueur should not be missed!



LaSall Café & Bistro

Sallstraße 79 | www.lasall-hannover.de

This café-bistro in the heart of the Südstadt offers a delicious breakfast, healthy, aromatic salads, different variations of tarte flambée and, of course, coffee and cake.





Das AbendMahl

Hildesheimer Straße 37 www.abendmahl-hannover.de

Leonardo da Vinci and Michelangelo – art on the wall, and even more on the plate. This fine Italian restaurant is not to be missed!



Högers 1910 🍍

Oesterleystraße 6-7 www.hoegers-1910.de

In a dapper atmosphere, guests can enjoy regional, fresh cuisine, classic German recipes, homemade cakes and excellent coffee.

Mimi's Thaikitchen

Hildesheimer Straße 92 www.mimis-thaikitchen.de

Mimi's Thai Kitchen offers a small but fine gastronomic range of Thailand's most popular dishes. All meals are prepared fresh and free from artificial flavourings.





Whether it's theatre, opera, musicals, concerts or highly regarded exhibitions — no great art is required to find top-class events in Hannover. The diverse range on offer is unparalleled.

With the opera, several theatres, stages and world-renowned museums, Hannover offers outstanding art all year round.



Hannover State Opera

Opernplatz 1 | www.staatstheater-hannover.de

The State Opera and State Orchestra give excellent performances of works from the Baroque to the contemporary. The Hannover State Orchestra and the State Opera choir present the pinnacle of musical performance every evening.



Schauspiel Hannover

Prinzenstraße 9 I www.schauspielhannover.de

Schauspiel Hannover comprises five different venues: Schauspielhaus, Cumberlandsche Bühne, Cumberlandsche Galerie, Ballhof Eins and Ballhof Zwei with the Junges Schauspiel Hannover are much sought-after locations.



GOP Varieté theatre

Georgstraße 36 I www.variete.de

The GOP Varieté theatre presents stage shows that redefine the term 'cabaret'. Here, numerous international artists and performers amaze the audience time after time.



TAK – Die Kabarett Bühne

Am Küchengarten 3-5 I www.tak-hannover.de

Legends of cabaret such as Volker Pispers, Hagen Rether and Urban Priol all started their careers at the popular TAK. This small theatre in what was once a municipal bath house is all about witty satire, chansons, cabaret and sophisticated nonsense.



Sprengel Museum Hannover

Kurt-Schwitters-Platz | www.sprengel-museum.de

The Sprengel Museum is one of the world's most renowned museums of 20th and 21st century art. Its recently refurbished rooms are dedicated to photography.



Wilhelm Busch Museum

Georgengarten 1 I www.karikatur-museum.de

Lovers of the pointed pen feel right at home at this museum of caricature and drawing, which offers various changing exhibitions. The museum houses a large portion of the complete works of Wilhelm Busch.



Kestner Gesellschaft

Goseriede 11 I www.kestnergesellschaft.de

Internationally renowned contemporary artists present their latest work at one of Germany's largest art associations.



Kunstverein Hannover

Sophienstraße 2 I www.kunstverein-hannover.de

This has been a centre for contemporary art in Hannover for 180 years. Kunstverein impresses not only with its changing exhibitions, but also exciting artist talks, lunchtime events and the Talking Labels, a special guided tour.



It's almost impossible to list all the opportunities Hannover provides for exuberant festivities. With celebrations big and small, open-air events, live music and offbeat festivals - the event calendar is bursting at the seams. Major events in summer such as the Marksmen and Maschsee Festivals make for a roaring party atmosphere.

The organisers seek to avoid using plastic utensils as much as possible.

Hannover has something for everyone looking to party – whether it's on a large scale or in one of its lively neighbourhoods. Over the years, numerous events have become a firm fixture in the calendar for visitors to Hannover.



Fête de la Musique

www.hannover.de/fetedelamusique

Many cities around the world welcome in the summer with live music, and Hannover's city centre will become one big stage on 21 June! Musicians will fill the city with sound at 40 locations.



Glitterbox

www.visit-hannover.com/alitterbox

Under dozens of disco balls and with an electrifying ambience, the extravagance of the great disco era of the 1970s will be celebrated in its most beautiful and modern form, accompanied by drag queens travelling all the way from London.



Velo City Night | Skate by Night

www.velocitynight.de www.hannover.skatebynight.de

At Velo City Night, thousands of cyclists conquer the streets of Hannover, forming a huge collective tour of the city. At Skate by Night, around 4,000 inline skaters cruise around the city.





Fährmannsfest

www.faehrmannsfest.de

Hannover's biggest open-air music and neighbourhood festiva!! The "Little Woodstock" features live music as well as a diverse cultural and children's programme. Colourful & peaceful, quiet & loud.



Marksmen Festival

www.hannover.de/schuetzenfest

The world's biggest marksmen festival is the place to be for 10 days every year. It's not only the marksmen, but the parties, live music & carousels! Try the Lüttje Lage, a unique Hannover drink of beer & schnapps, consumed in an equally unique manner.

Seh-Fest

www.seh-fest.de

The open-air cinema at the Gilde Parkbühne opens to the public from July to August. Here, visitors can catch the latest blockbusters in a fantastic open-air atmosphere.



Maschsee Festival

www.visit-hannover.com/en/maschseefestival

One of North Germany's biggest events! The maritime summer festival offers concert highlights, sporting activities on the water, open-air dance evenings, cabaret and various culinary delicacies.



In Hannover, it's easy to dance the night away. Whether you prefer clubs, discos or glittering temples of dance; pubs, culture or special events – there's a home for every enjoyment and

every musical taste. Dance, celebrate, enjoy yourself – the possibilities are endless!

For more events, please visit: www.visit-hannover.com/en/nightlife

osho disco

Raschplatz 7L I www.osho-disco.de

The bedrock in Hannover's nightlife – people have been partying here for generations. Whether it's dance classics, chart hits, house or funk & soul – everyone will find what they're looking for here.



Palo Palo

Raschplatz 8 A I www.palopalo.de

A cult? Maybe. Legendary? Absolutely! The Palo Palo on the Raschplatz has been a hotspot for party animals for decades. DJ Ferry serves up a fast-paced mix of house. RnB and hip-hop.





Monkey's Club

Raschplatz 11 G | www.monkevs-club.de

No monkey business! The Monkey's is not a place for commercial hits: on Friday it's Deep House, on Saturday Funk and Soul.



200ponies

Goseriede 4 www.facebook.com/200ponieshannover

At Hannover's hip-hop stronghold on two floors, the DJs play old and new classics of the genre as well as hits for the masses, such as RnB.





Weidendamm

Weidendamm 8 I www.weidendamm.com

At these former premises of an industrial company, honest craftsmanship is still the order of the day: Well-known DJs get the dance floor going with cool electronic music. They play dubstep, electro, deephouse and techno.

Cafe Glocksee

Glockseestraße 35 (rear courtyard) www.cafe-glocksee.de

This trendy club has built its reputation with spectacular live concerts and over-the-top parties: the perfect location for legendary club nights.

Cumberlandsche

Prinzenstraße 9 www.cumberlandsche.de

Dance to classic sounds such as disco and funk & soul as well as some newer numbers. The bar is open to all visitors on Wednesday to Saturday from 19:00. The club is open from 22:00 on Fridays and Saturdays. Good drinks and a unique atmosphere in the city's finest hall







Public art

Public art is a long-standing and valued tradition in Hannover: over the past few decades, more than 200 sculptures and installations have been erected in the city.

www.visit-hannover.com/en/cultureforfree



Graffiti tours

Schwitters, the Cookie Monster and an underwater world: new graffiti and street art tours take alternative art lovers through Hannover's distinctive neighbourhoods of Linden, Nordstadt and List/Oststadt. These legally created art works adorning various buildings form the basis of these short city tours.



A culinary journey of discovery by bike

Discover the green side of Hannover from the comfort of the saddle and sample delicacies along the way! Passing Lake Maschsee and the Herrenhausen Gardens, you will get to know the green beauty of Hannover on this 3-hour tour.

Discover Hannover's neighbourhoods ...

Those looking to get to know Hannover beyond the classic tourist attractions should take a tour to one of the various neighbourhoods of the city!

Discover a different side to the city! Witness the bustling life in Linden, the laid-back Nordstadt area or the sophisticated, relaxed neighbourhood of List with an exciting tour.

Book your tour through the neighbourhood of Linden, List/Oststadt or Nordstadt in Hannover — there's guaranteed to be something for everyone!







Hop-on Hop-off bus

The Herrenhausen Gardens, the New Town Hall and the charming Old Town are just some of the highlights on the Hop-on Hop-off city tour — it's not to be missed!

www.visit-hannover.com/en/citytours

The Red Thread

A 4.2 km path runs through Hannover, leading you to architectural, historical and entertaining sights. Following the Red Thread will bring you new insights and points of view!

www.visit-hannover.com/en/redthread

Further information:

City breaks team
Tel.: + 49 (0) 511 / 12345-333
www.visit-hannover.com/en/citytours





... is home to many exciting destinations for excursions. Sports, culture, experience, adventure — many families benefit from the diverse range of activities on offer for a weekend trip.

In the Hannover Region, it's easy to keep it local.

Further information:

www.visit-hannover.com/en/hannoverregion

Lake Steinhude

29 km² of water, vast moors, a mystical alder forest, the Meerbruchwiesen nature reserve and dense forests: the nature around Steinhuder Meer is varied and is best discovered on the 32 km circular trail.





Kite surfing on Lake Steinhude

steinhudermeer.surfers-p.de

North-west Germany's biggest lake with Wilhelmstein island fortress and Steinhude bathing island as well as a beautiful sandy beach. On top of this, it's also the first choice for water sports in the region. Swimming, sailing, surfing, rowing, paddling, pedalos and, of course, kiting.

The Deister

Just 30 kilometres south-west of Hannover, a green paradise is waiting to be discovered: the Deister hills. Mountain bikers also love the legal freeride routes, challenging downhill trails and a nifty dirt-ramp track.

It goes without saying that the area is a utopia for hikers. The Höhenzug route stretches over 20 kilometres in length and 4 kilometres in width with altitudes reaching 404 metres. The Deister can be easily reached from Hannover using the S-Bahn. Well signposted hiking routes make for a perfect experience.



Forest Adventure Trail

Experience the forest with all your senses! For big and small explorers alike — a 2.5 kilometre easy hike which offers so much to see and learn. The interactive educational forest trail starts at the 'Waldkater' car park in Wennigsen and leads to the water wheels in the Deister.

Wisentgehege Wildlife Park in Springe

Wisentgehege 2, 31832 Springe www.wisentgehege-springe.de

Wolves, bears, lynxes, wild horses - over 100 animal species can be seen in their natural surroundings. The air shows with the resident bird species are also breathtaking.

Not far away is the Saupark with the Springe hunting lodge. The Palace Museum hosts changing cultural events.



Schloss Marienburg

Marienberg 1, 30982 Pattensen www.schloss-marienburg.de

Approximately 20 kilometres south of the state capital, Marienburg Castle sits on a hilltop close to the town of Pattensen. The last summer residence of the kings of Hannover looks out over the Calenberg countryside. This grand neo-Gothic castle was built in the mid-19th century by King George V as a gift to his wife, Marie. Visitor tours provide interesting insights behind the scenes. Music, theatre and cabaret events are all on the castle calendar.



Lake Blauer See

Am Blauen See 119, Garbsen www.camping-blauer-see.de

With clear water, sandy beaches, water slides, boat hire, a water-ski lift and a beer garden, the lake provides thrills for families and water-sport lovers. The Adventure Mini-Golf course under old trees helps create that holiday feeling.





Whether you're looking for sport-level swimming, a fun splash or pure relaxation: the region offers countless places for water activities — from indoor, combined and outdoor pools to swimming lakes with excellent water quality. For those who love wellness and spas, there are plenty of great thermal baths and saunas, such as aquaLaatzium and Königliche Kristall-Therme Seelze.



SNNTG Festival

Hohenfelser Straße 16, 31319 Sehnde www.snntg.de

SNNTG is a joyful, peaceful and tolerant event with a varied range of music on several stages and an exciting programme of art and culture. Among other things, the focus is on sustainability, so all of the food is served without plastic packaging. Visitors take historical trams to travel between stages – the event takes place on the grounds of the Hannover Tramway Museum.

Hemme Milch

Sprockhofer Straße 9, 30900 Wedemark www.hemme-milch.de

In the heart of the Sprockhofer Weiden is the Milchhof Hemme dairy farm. Here you can spend a few pleasant hours in the farm café with its sun terrace, with delicious cakes to keep you sweet.



Fuchsbau Festival

Ziegeleistraße 41, 31275 Lehrte/Immensen www.fuchsbau-festival.de

Off to Fuchsbau! The electronic, indie, hip hop and pop festival is always open to contemporary formats, issues and adventures as well as the latest art and music. The programme with a twist!





The state capital and region of Hannover have been working on strategic goals, programmes and projects relating to sustainability for a number of years. Here are some facts, information and examples of projects:

German Sustainability Award

The state capital of Hannover won the German Sustainability Award in the category 'Germany's most sustainable cities 2018'.

The judges had this to say:

"Sustainable urban development is a way of life in Hannover. The state capital of Lower Saxony (...) combines an integrated and strategic approach with diverse, creative practical projects and a distinct culture of participation to achieve its goals for the future. The council and the government support this widespread commitment and impressively implement sustainability as an across-the-board effort"



Hannover was awarded the title 'German Capital of Biodiversity' in 2011. With the **More nature** in **the city** programme, Hannover continues to implement measures to promote biodiversity, species conservation and a greater presence of nature in the city.

Hannover is home to:

- · around 20.000 allotments
- · 45.000 urban trees
- 120 hectares of playgrounds
- · 20 hectares of green-designated squares
- the 640-hectare Eilenriede forest, Europe's largest municipal forest
- Green spaces around Lake Maschsee, the Leine and Ihme rivers, countless parks





Tip: The caches can be ideally combined with a bike ride.



Geocaching in Hannover: Sustainable secrets

A total of 17 'sustainable secrets' await your discovery. The tour is dedicated to the 17 global Sustainable Development Goals and is divided into four sections. In addition to the actual caché. which has to be cleared before being entered into the logbook, you will receive a whole host of information and tips for a sustainable lifestyle.

On top of the sustainable secrets, there are many more unique geocaching tours which provide a unique way to discover Hannover. All information about tours, such as well-kept secrets and international secrets, can be found at:

www.visit-hannover.com/en/geocaching



coffee cups are used in Hannover every year. But

now there's an eco-friendly alternative - the Hannoccino cup. The new returnable cup consists largely of organic materials and is biodegradable. It is also food and dishwasher safe. There are currently around 180 partners in the city and region of Hannover.



HOP! Hannover ohne Plastik (Hannover without plastic)

The initiative Hannover without plastic run by the state capital of Hannover (LHH), known by the acronym 'HOP!', combines a range of activities for plastic avoidance.

Very few people today are able to live completely without plastic. But it is absolutely possible to use less plastic, especially in terms of disposable packaging and products.





ON THE GO IN HANNOVER

Getting here

Hannover is an important transport hub in Europe and is easily accessible by train, car, coach and plane.

Thanks to the fast ICE connections, travelling by train is one of the most comfortable and of course sustainable options. The journey from Berlin to Hannover takes about 1.5 hours, from Hamburg about 1 hour and even from Munich it takes only 4.5 hours to get to the city on the Leine.

If you are travelling from Lower Saxony, you can reach Hannover via train with the Niedersachsen Ticket at a particularly good price. The central bus station, located in the city centre behind the central railway station, is where numerous long-distance coach lines stop off.



Environmental zone

If travelling by car, please remember that the city centre is an environmental zone. That means access is only permitted for cars with a green sticker.

Bus and rail in the Hannover region

Every year more than 200 million people use the 70 bus lines, 12 tram lines, 9 regional and 9 suburban railway lines that connect the city and its surrounding area. You can reach any destination quickly and comfortably. By 2023, all bus lines in the city centre will be completely electric. Energy is used particularly efficiently by trams: braking energy is fed back into the overhead line. Since 2015 ÜSTRA has been purchasing carbonneutral (and non-nuclear) electricity from enercity. This has drastically reduced CO₂ emissions.

Hannover Card

The HannoverCard grants you free travel across the entire metropolitan area, and offers many attractions at reduced prices. It can be easily purchased online



Bike and e-scooter hire

Have no fear! Hannover is mostly flat. Exploring the city by bike is a great idea. You can hire a bike quickly at the Fahrradstation next to the central railway station. If you have something to transport, you can hire a Hannah carrier bicycle free of charge from various locations in the region. Of course there are also different bike hire systems. There are more than 2,000 bikes located across the city, and a similar number of e-scooters.



Carsharing + Ridesharing

Hannover has a wide variety of car-sharing services. Stadtmobil is the largest provider with over 350 vehicles, with a fleet which includes electric vehicles.

The cars used by the Volkswagen subsidiary MOIA are still powered by combustion engines, but this will soon change, with the process of converting the vehicles to electric operation set to begin this year. Journeys can be booked conveniently via the Moia app.

Velix's bicycle taxis are also an environmentally-friendly alternative to a normal taxi ride.



Out and about by bike

There are over 360 kilometres of cycle paths alongside the city's roads, making cycling a safe and comfortable way to get around. In addition, there are 170 kilometres of cycle paths through Hannover's green spaces such as the Eilenriede municipal forest or the Leineaue meadows. This means that cycling in Hannover is no problem at all, and is often even the fastest way to get from A to B.

But that's not all: as one of the greenest cities in Germany, Hannover offers a great range of cycle tours within the city. Six signposted routes lead through and around the city.

And of course the region is also well connected. You can reach popular destinations such as Steinhuder Meer and Marienburg Castle on a network of cycle paths spanning some 1,000 kilometres.



If you are planning an excursion by bike and only want to cycle part of the way, that's no problem. You can take your bike on the tram or S-Bahn, sometimes at no extra charge.



Mobile on the water

Fancy discovering Hannover from the water? Hannover offers plenty of options for this. On canoe tours along the Ihme and Leine rivers, you can see Hannover from a completely different perspective. Hiring a canoe or booking a paddle tour is easy. There are various suppliers, even for stand-up paddling. With the Maschsee fleet, you can take in all of Hannover's largest inland body of water. From April to the end of October.

the boats cross Lake Maschsee and stop at piers around the lake. The star of the fleet is a stainless steel catamaran with state-of-the-art, environmentally-friendly solar propulsion. If you prefer to explore Lake Maschsee in a more active way, simply rent a pedal boat, rowing boat or sailing boat. Hannoversche Personenschifffahrt offers cruises on the Ihme and Leine rivers as well as the Mittelland Canal.



If you want to get to know a city from all sides, it's best to seek guidance from someone who knows it well. Hannover Marketing und Tourismus GmbH provides a comprehensive service and a wide range of offers for your visit to Hannover.

Tourist Information team

Comprehensive service is available at Tourist Information, located directly opposite the central railway station, or at the information counter in the New Town Hall - including information on individual sights, brochures, city tours and souvenirs.

Tourist Information

Ernst-August-Platz 8 30159 Hannover Tel.: + 49 (0) 511 / 12345-111 info@hannover-tourismus.de

Tourist Information im Neuen Rathaus

Trammplatz 2 30159 Hannover Tel.: + 49 (0) 511 / 168-45333

Our online shop

www.hannover.de/onlineshop

You can shop conveniently around the clock in our online shop. For example, you can purchase Hannover souvenirs or tickets for the famous and much-loved fireworks competition at the Herrenhausen Gardens. Or the HannoverCard, which not only gives you free travel on buses and trains in the Hannover region, but also offers you a range of attractive discounts from many partners.



Or you can book one of our package deals – a practical combination of accommodation, events, culture and more. All with excellent terms. What are you waiting for? Head to our online shop!





Accommodation

There's no shortage of hotels in Hannover, but there's also plenty of private accommodation, with hostels and guesthouses providing affordable options.

www.visit-hannover.com/en/hotels

Information:

Some hotels are actively committed to sustainability and our ecological approach has received many awards



Special tip

A weekend with everyone

Get your friends, the football team or the whole neighbourhood, and head off to Hannover. On Friday, head to Bowling World, on Saturday stroll around Lake Maschsee and through the Old Town and discover Hannover — a perfect weekend!

Your trip includes:

- 2 nights in a double or single room incl. breakfast in a 3- or 4-star hotel
- Bowling evening on Friday (2 hours bowling incl. shoe hire, 1 pitcher of beer (1.5 l) or 1 bottle of

sparkling wine or a soft drink and a burger or salad per person. The meal is served before the bowling)

- Lake Maschsee Segway tour on the Saturday (2 hours incl. 30 minute orientation)
- Dinner on Saturday in a city-centre restaurant (main meal incl. 1 drink per person)
- City tour with a certified, expert city guide (bookable on your desired date)

€ 207 per person in a double room in a 3-star hotel (€ 267 in a single room)

€ 227 per person in a double room in a 4-star hotel (€ 297 in a single room)

Bookable for groups of 10 people or more.

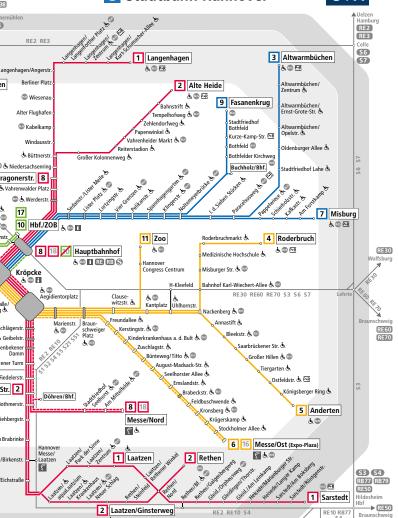


RB79

Göttingen ♥ Bodenburg Bad Harzburg

► RE10

U Stadtbahn Hannover



RB 77



Travel shorter distances by bike or on foot, especially within the city.

Cut down on meat and animal products. It's better to have a good-quality piece of meat or fish now and again than eating cheap products every day.

Drink tap water from metal or glass bottles.

Buy local and regional produce at weekly markets.

Don't buy food or drink 'to go'. Bring your own containers and refuse unnecessary packaging.

Switch to cotton shopping bags and nets for fruit and veg, buy fresh produce loose, and bring your own boxes for deli products.

Switch to natural cosmetics, bamboo toothbrushes and bars of soap and shampoo.

Buy clothes consciously: buy fewer clothes and make use of clothing exchange parties, flea markets or second-hand shops.



Do not use cardboard coffee cups we offer the reusable Hannoccino cup for this purpose!

By **buying fair trade organic chocolate**, you support children being able to go to school instead of having to work.

Avoid disposable items such as cutlery, plates and straws by using reusable versions

www.VISIT-HANNOVER.com/en/hannoverliving

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